



Effects of cellular cord blood on skin pathology in laboratory animals

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ABSTRACT: In work studied character of the influence of the cryopreserved nucleated cells of cord blood on the skin morphology was investigated on the different stages of skin cultivation in vitro and character of the influence stem cells of cord blood on morphofunctional condition of a derma in conditions of an experimental hypothyroidism in vivo. The application of cord blood stem cells is perspectives as therapeutic treatment of derma. The skin, as the largest organ in the human and animal body, is not only a "battle arena" against various microorganisms and harmful influences, but also a mirror reflecting the general health of the body. The endocrine system plays a leading role in regulating the functioning of the skin, ensuring the metabolism in this organ, its repair and restoration of lost elements, the functioning of the glands and hair growth

KEYWORDS: cord blood, skin, rats, epidermis, morphology, and hypothyroidism.

INTRODUCTION

The skin, as the largest organ in the human and animal body, is not only a "battle arena" against various microorganisms and harmful influences, but also a mirror reflecting the general health of the body. The endocrine system plays a leading role in regulating the functioning of the skin, ensuring the metabolism in this organ, its repair and restoration of lost elements, the functioning of the glands and hair growth. Thyroid hormones have the most important effect on the functioning of the skin [2, 3]. Thyroid hormones play a major role in metabolism and are essential for normal skin growth and development. The main mechanism of action of thyroid hormones is the stimulation of protein synthesis in the cytoplasm of cells and an increase in the level of oxygen consumption by tissues. Disturbances in the structure of the dermis that develop in chronic hypothyroidism are manifested by

changes in the hairline, functional changes in the sweat and sebaceous glands, dry skin, increased desquamation of the epidermis, violations of the basic abilities of the skin in the implementation of physiological, immune and biochemical functions [3].

It is known that biologically active preparations, such as the placenta, its extracts, and cell suspensions, are increasingly used to stimulate the processes of repairing damaged or regenerating aging skin that has lost its turgor and elasticity [7-10]. However, the mechanism of action of these drugs is not well understood. Umbilical cord blood (CK) cells were originally used to treat diseases of the blood system, but recently, due to the discovery of pluripotent stem cells (SC) and mesenchymal stem cells in cord blood, cord blood is considered as a potential source for cell therapy in a wide range of diseases [9]. In this regard, theoretical prerequisites arise for the use of CK preparations in the processes of rat skin regeneration both in the in vitro system and in dermatopathology caused by experimental hypothyroidism (EHT).

The aim of the work was to study the effect of cryopreserved nuclear cells of human umbilical cord blood on the morphology of rat skin in vitro and in vivo.

Material and research methods. In vitro experiments were carried out on rat skin samples. Skin fragments 0.3 to 0.3 cm in size were placed on solid agar, then covered with standard culture growth medium in a volume of 0.5 ml. When setting up the experiment, the material was divided into the following groups: 1st group - intact skin; 2nd - (control) - skin samples placed on the surface of agar with culture medium; 3rd - (experiment) - skin samples placed on the surface of agar with culture medium, to which 10% of the cord blood preparation was added. The umbilical cord blood preparation "Stemcord" was a cryopreserved suspension of stem cells (SC) at a concentration of (1-3) 10⁵ in 1 ml of CC plasma, rich in biologically active substances, growth factors, hormones, cytokines, and microelements [1]. Studies of nucleated cells (CD45 +) of umbilical cord blood, including hematopoietic cells (CD34 +), were carried out before and after cryopreservation by flow cytometry according to the international ISHAGE protocol [1]. Skin cultivation was performed in vitro in a thermostat at a temperature of 37 °C and a pH of 7.2. Skin fragments were examined on the 5th, 15th and 25th days of cultivation. The material for the study in in vivo experiments was 4-month-old female outbred white rats weighing 110-120 g. Work with animals was carried out in compliance with the provisions of the European Convention for the Protection of Vertebrate Animals and national legislation on humane treatment of animals. Subtotal thyroidectomy (100% removal of the thyroid gland) was performed according to the method [5]. The experiment involved animals that underwent thyroidectomy and subsequent administration of the CA preparation into the tail vein [8]. All experiments were carried out within the first 40 days from the moment of thyroidectomy, taking into account the dynamics of the restoration of thyroid hormones in the blood of experimental animals [3,8]

The animals were composed of the following experimental groups: group 1-EGT - thyroidectomized animals;

group 2-EGt - thyroidectomized animals, which were injected with the KK preparation.

Each group consisted of 10 animals. Intact animals served as control. For the preparation of histological preparations, sections of the skin excised to the full thickness from the back region and cultured skin fragments were fixed in 10% formalin, washed with running water, dehydrated in alcohols of increasing concentration, clarified in xylene, and embedded in paraffin-celloidin.

Microtome sections 5-7 microns thick obtained from paraffin-celloidin blocks were stained with hematoxylin and eosin to obtain general histological preparations, and also with picrofuchsin according to the Van Gieson method for studying connective tissue [6]. Differentiation of preparations was carried out under a light microscope "Biolan" at a magnification of $\times 400$. Statistical processing of the data obtained was carried out by the Student-Fisher method [4].

Research results and their discussion. In the first series of experiments in in vitro culture on histological preparations, the structure of intact skin corresponded to the norm and was represented by well-differentiated layers - the epidermis and dermis. After 5 days of cultivation of skin fragments of the control group on agar growth medium, a decrease in the thickness of the epidermis was observed due to a decrease in the number of cells in its layers (keratinization and cell migration). Smoothness of the dermoepidermal border was noted, epidermal outgrowths expanded. The proliferation of fibroblasts was observed in the papillary layer of the dermis, their number increased in comparison with intact skin. Young collagen fibers appeared in the reticular layer of the dermis, which were intensely stained, and the number of cells in the hair follicles and glandular structures increased (Fig. 1, a). In skin fragments grown on agar nutrient medium to which the Stemcord preparation (group 3) was added, on the 5th day of cultivation, the structure of the epidermis was comparable to the intact one. The basal layer contained one row of cells. The dermoepidermal border was generally well contoured, but in some places there was a detachment of the epidermis from the dermis in the area of the basement membrane. Collagen fibers formed a dense network, the number of fibroblasts increased in comparison with groups 1 and 2 (Fig. 1, b).

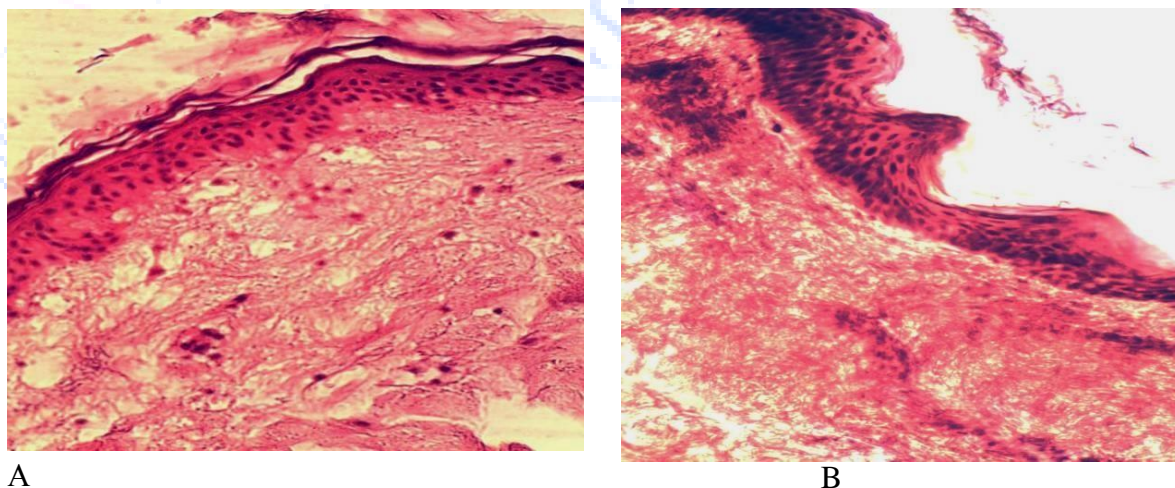
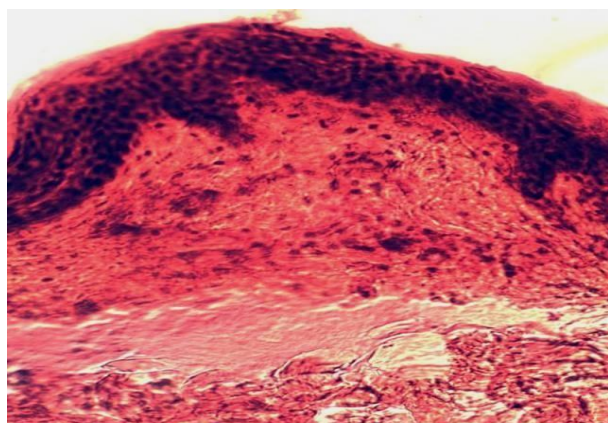
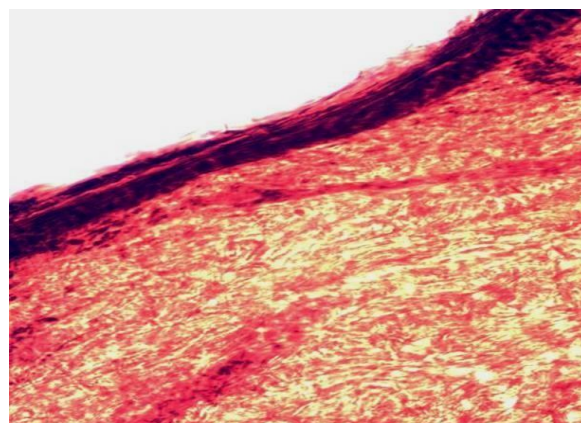


Figure: 1. Skin in vitro culture on day 5. a - on agar nutrient medium; b - on agar nutrient medium with the addition of the drug "Stemcord". Coloring G.
E. Uv. $\times 400$.



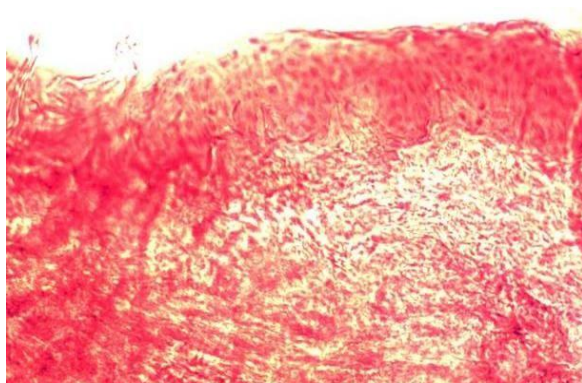
A



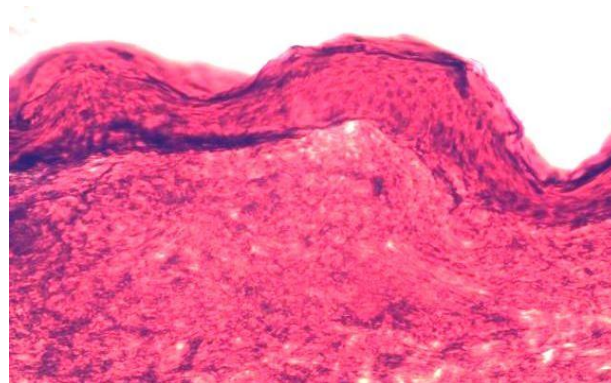
B

Figure: 2. Skin in vitro culture on day 15. a - on agar nutrient medium; b - on agar nutrient medium with the addition of the "Stemcord" preparation. Uv. $\times 400$.

On the 15th day of cultivation of skin fragments without the preparation, the thickness of the epidermis decreased in comparison with intact skin. The dermoepidermal border was not clearly outlined. The structure of the connective tissue fibers of the dermis corresponded to intact skin. The number of fibroblasts increased. In the hair follicles and sebaceous glands, the proliferation of epithelial cells was observed, the size of which was increased (Fig. 2, a). In the presence of the Stemcord preparation, on the 15th day of skin cultivation, the thickness of the epidermis increased as compared to group 2, but the differentiation of its cell layers was difficult, and cells in a state of mitosis were found in the basal layer. The cells of the basal layer of the epidermis had a pronounced basophilia (hyperchromic nuclei, occupying almost the entire cell, the cytoplasm is acidophilic). The dermoepidermal border was contoured. In the dermis, directly in the papillary layer, the number of fibroblasts increased compared to their content in the skin of groups 1 and 2. The connective tissue was represented by densely packed bundles of collagen fibers, fibroblasts are hyperchromic (Fig. 2, b).



A



B

Figure: 3. Skin in vitro culture on day 25. a - on agar nutrient medium; b - on agar nutrient medium with the addition of the "Stemcord" preparation. Uv. $\times 400$.

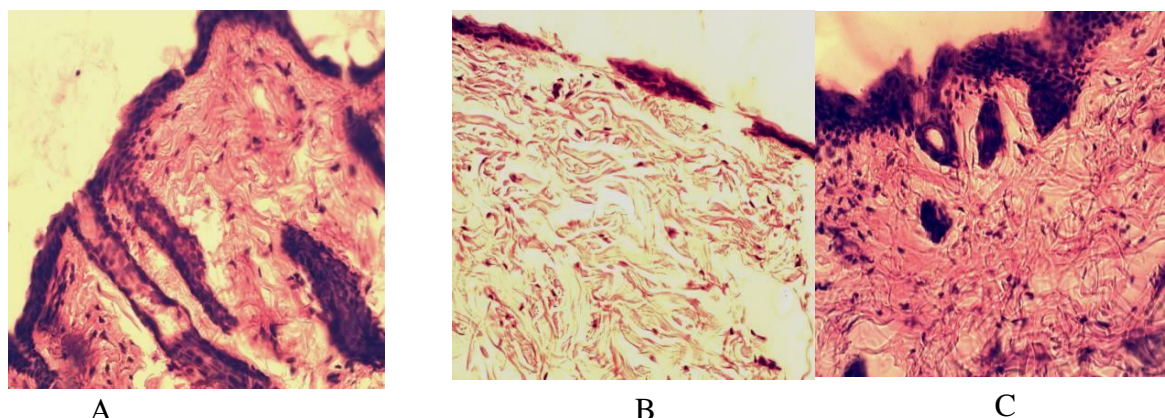


Figure: 4. Skin of rats of experimental groups: a - intact animals; b - animals with simulated hypothyroidism after 1 month; c - thyroidectomized animals, which were injected with the KK preparation. Coloring G.-E. Uv. $\times 400$.

On the 25th day of cultivation on agar medium without the drug, foci of micronecrosis appeared in the skin. In the epidermis, the intercellular spaces increased, the layers of cells were poorly differentiated. The nuclei of epithelial cells were pyknotic, and the cytoplasm was vacuolated. The boundary between the epidermis and the dermis was blurred, and foci of cellular detritus were observed. In the dermis, connective tissue disorganized in the form of homogenization and lumpy disintegration of collagen and elastin fibers. The number of fibroblasts decreased. Edema and destruction of glandular structures and hair follicles were observed (Fig. 3, a). During cultivation of skin fragments in a medium with the addition of Stemcord on the 25th day, necrotic processes in both the epidermis and the dermis were not observed. The thickness of the epidermis remained at the level of 15 days, and the basal layer remained active, an increase in the number of merging horny scales was noted.

The border between the epidermis and the dermis was clearly defined. The dermis retained a high cellularity, although the number of fibroblasts decreased in comparison with 15 days of cultivation. In the reticular layer, collagen and elastin fibers were clearly contoured, which form the reticular structure of the connective tissue; however, their density decreased compared to 15 days of cultivation, and in some areas of the skin fragments the dense structure of the connective tissue remained. Derivatives of the skin - hair follicles and sebaceous glands - retained their structure and were well contoured. Separation of the epidermis and micro-foci of cell detritus were observed in some areas of skin fragments (Fig. 3, b). The results obtained indicate that the Stemcord KK preparation stimulates the proliferative activity of dermis and epidermal cells in vitro.

In vivo experiments during histological examination of the skin of thyroidectomized animals (group 1-EGt) 1 month after hypothyroidism modeling, it was found that the epidermis is very thinned, flattened, and its normal folding is absent. The layers of the epidermis do not differentiate; some cells have pyknotic nuclei. In the dermis proper, the papillary and reticular layers are also not differentiated. The connective tissue part of the dermis is a loosened, fragmented and contoured bundle of collagen and elastic fibers, among which there is a reduced, compared to the norm, the number of fibroblastic cells with dense nuclei. Derivatives of the skin - sebaceous glands and hair follicles - are rare, they are reduced in size, the nuclei of their cells are pyknotic (Fig.4b).

The skin of thyroidectomized animals, which were injected with the KK preparation (group 2-EGt) 1 month after the operation, was excised from the animals under ether anesthesia after 7 days. Histological examination revealed a newly formed epidermis, which was thickened compared to the norm. It showed folding and differentiation of cells with the formation of characteristic layers. The cells of the fibroblastic row, the number of which was increased in comparison with the norm, in most cases were located parallel to the newly formed bundles of collagen fibers that form the dermis; no cracks or gaps between them were found (Fig. 4c). In the dermis itself, especially in its deep parts, growing hair follicles were found. At the border of the dermis and subcutaneous tissue, the growth of small blood vessels and capillaries was observed, as well as fibroblastic cellular elements, probably derived from pericytes (perivascular cells of mesenchymal origin, which serve as the main precursors of fibroblasts).

The results of a histological study in an in vivo experiment show that the nature of the recovery processes in the skin of animals with experimental hypothyroidism upon administration of the KK preparation has a pronounced tendency to complete regeneration of the lost morphological and functional properties of the skin. In our opinion, the main mechanism providing regenerative processes in the skin, both in vitro and in vivo, is the introduction of biogenic stimulants present in the plasma of CK, which are involved in the normalization of metabolism in the body, and a certain amount of stem cells, including mesenchymal ones, cells that stimulate the growth of capillaries and fibroblasts.

Conclusion. The KK "Stemcord" preparation, added to the agar culture medium, stimulates the proliferative activity of the cells of the dermis and epidermis in vitro. In an in vivo experiment, the nature of the recovery processes in the skin of animals with experimental hypothyroidism when administered with the Stemcord CC preparation has a pronounced tendency to the complete regeneration of the morphofunctional properties lost by the skin. The use of cord blood preparations both in the cultivation of skin fragments in vitro and under conditions of experimental hypothyroidism can be considered as a promising factor influencing the course and consequences of endocrine disorders of the whole organism and skin in particular.

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